

# Central Lyon Menu August 2020



## BREAKFAST PRICES:

Student: \$1.50

Adult: \$1.70

Second Juice: \$ .35

## LUNCH PRICES:

Grades TK-6 \$2.25

Grades 7-12: \$2.35

Adult: \$3.85

Second Meal: \$2.00

Extra Milk \$ .35

**BREAKFAST SERVING TIME  
IS 7:45 -8:10 A.M.**

**Menu Items Subject to Change  
Without Notice. If you have  
any questions or concerns,  
please contact Darsha Tuenge,  
Food Service Supervisor,  
(712) 472-2664**

**This institution is an equal  
opportunity provider.**

| <i>Monday</i>   | <i>Tuesday</i>   | <i>Wednesday</i>  | <i>Thursday</i>  | <i>Friday</i>  |
|---|--|---|--|--|
|   |  | <b>19 Breakfast</b><br>Cereal & Muffin K-6<br>Breakfast Pizza 7-12<br><br><b>Lunch</b><br>Chicken Strips<br>Mashed Potatoes<br>Gravy or butter<br>Corn<br>Applesauce<br>Dinner Roll | <b>20 Breakfast</b><br>French Toast Sticks<br>& Syrup<br>Sausage links<br><br><b>Lunch</b><br>Hamburger on a bun<br>Baked beans<br>Fries<br>Peaches  | <b>21 Breakfast</b><br>Breakfast Pizza<br>Yogurt<br><br><b>Lunch</b><br>Pizza<br>Romaine lettuce<br>w/ dressing<br>Sidekick<br>Sandwich 7-12 |
| <b>24 Breakfast</b><br>Cereal & Toast TK-6<br>Breakfast Pizza 7-12<br><br><b>Lunch</b><br>Breaded Chicken Patty<br>On a bun<br>Broccoli<br>Corn<br>Mandarin Oranges   | <b>25 Breakfast</b><br>Scrambled Eggs w/ Bacon<br>and Cheese<br>Toast<br><br><b>Lunch</b><br>Beef Softshell Tacos<br>Lettuce & Cheese<br>Fiesta Black beans<br>Applesauce<br>Salsa 7-12<br>Sour Cream 7-12 | <b>26 Breakfast</b><br>Pancakes & Syrup<br>Little smokies<br><br><b>Lunch</b><br>Hot Dog<br>Mixed Vegetables<br>Baby carrots w/ ranch<br>Mixed Fruit                                | <b>27 Breakfast</b><br>Cereal & Muffin TK-6<br>Breakfast Pizza 7-12<br><br><b>Lunch</b><br>Breaded Pork Patty<br>Mashed Potatoes<br>Gravy or butter<br>Green beans<br>Pears<br>Sandwich 7-12 | <b>28 Breakfast</b><br>Breakfast Sandwich<br>Yogurt<br><br><b>Lunch</b><br>Sloppy Joe on a bun<br>Pickles<br>Tater Tots<br>Peas<br>Grapes    |
| <b>31 Breakfast</b><br>Cereal & Toast TK-6<br>Breakfast Pizza 7-12<br><br><b>Lunch</b><br>Popcorn Chicken w/<br>mashed potatoes (TK-6)<br>Orange Chicken<br>w/ Rice 7-12<br>Carrots<br>Pineapple<br>Sandwich 7-12 |  |   |  |  |

**All breakfasts** served with 1% Milk, Juice and Fruit.

**All lunches** served with Skim or 1% White Milk or 1% Chocolate Milk

**Fruit and Vegetable Bar** available daily for grades 7-12.